

BREAKFAST MENU September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
-		- T		· I
2	3 Choice Of:	4 Choice Of:	5 Choice Of:	6 Choice Of:
			Cinnamon Raisin Fruity	Assorted Whole Grain
9,677,	Open Face Grilled Cheese Toast	Whole Grain Banana /	Oatmeal	
		Blueberry Muffin		Cereal
~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~	Grilled Turkey	Scrambled Egg	Open Face Grilled	American Cheese Stick
	Sausage Link	Golden Toast	Cheese Toast	Golden Toast
	Corn Grits	Crispy Turkey Bacon	Grilled Turkey Sausage	Boiled Egg
	Whole Grain Glazed	Whole Grain Glazed	Link	Whole Grain Flatbread
	Donut Holes	Donut Ring	Colby Cheese Omelet	Breakfast Pizza
	May Choose Two	May Choose Two Fruit:	Whole Grain Cinnamon	May Choose Two
	Fruit:	Chilled Apple Juice	Roll	Fruit:
***	Chilled Orange Juice	Chilled Cubed	May Choose Two Fruit:	Chilled Orange Juice /
	Fresh Berry Cup	Cantaloupe /Canned	Chilled Grape Juice /	Apple Quarters /
	Chilled Canned Sliced	Mixed Fruit	Orange Circles / Chilled	Chilled Canned
	Peaches	iviixea Fruit	Canned Diced Pears	
	Peaches		Carried Diced Pears	Pineapple Tidbits
				Tiubits
9	10	11	12	13
Choice Of:	Choice Of:	Choice Of:	Choice Of:	Choice Of:
Whole Grain	Whole Grain Chicken &	Whole Grain Blueberry	Whole Grain French	Whole Grain Mini
Strawberry /	Waffle Sandwich	Pancake	Toast Stick	Maple / Cinnamon
Cinnamon Toaster	Corn Grits	Grilled Turkey Sausage	Crispy Turkey Bacon	Waffle
Pastry	Colby Cheese Omelet	Patty	Strip	Grilled Turkey Sausage
Grilled Canadian	Crispy Turkey Bacon	Scrambled Egg	Corn Grits	Patty
Bacon Patty/	Golden Toast	Assorted Yogurt	Whole Grain Assorted	Scrambled Egg
Cheesy Corn Grits		Whole Grain Graham	Cereal	Cheesy Corn Grits
Whole Grain	May Choose Two Fruit:	Crackers	American Cheese	
Cinnamon Roll	Chilled Orange Juice /		Stick	May Choose Two
	Chilled Assorted Grapes/	May Choose Two Fruit:		Fruit:
May Choose Two	Chilled Canned	Chilled Apple Juice /	May Choose Two	Chilled Orange Juice /
Fruit:	Pineapple Tidbits	Cubed Cantaloupe /	Fruit:	Fresh Berry Cup /
Chilled Grape Juice /		Chilled Canned Sliced	Chilled Grape Juice /	Chilled Canned
Orange Circle/ Chilled		Peaches	Apple Quarters /	Pineapple
Canned Mixed Fruit			chilled Canned Orange	Tidbits
			Mandarin	
16	17	18	19	20
Choice Of:	Choice Of:	Choice Of:	Choice Of:	Choice Of:
Corn Grits	Cinnamon Apple	Whole Grain Assorted	Whole Grain French	Whole Grain Chocolate
Grilled Canadian	Oatmeal	Cereal	Toast	Chip Mini French
Bacon Patty	Golden Toast	Golden Toast	Colby Cheese Omelet	Toast / Cinnamon /
Whole Grain Breakfast	Assorted Nutri grain Bar	Assorted Muffin	Corn Grits	Strawberry Toaster
Pizza	/ Turkey Sausage Link /	Breakfast Pizza	Whole Grain Flatbread	Pastry
Whole Grain	Whole Grain Assorted	Whole Grain Chicken &	Breakfast Pizza	Cheesy Corn Grits
Banana/Blueberry	Muffin	Waffle Sandwich	Di Calliage i 122a	Grilled Turkey Sausage
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Patty

Muffin

May Choose Two Fruit:

Chilled Apple Juice / Fresh Berry Cup / Chilled Canned Tropical Fruit

23 Choice Of:

Whole Grain
Blueberry / Banana
Muffin
Whole Grain Glazed
Donut Holes / Boiled
Egg
Cheesy Corn Grits

May Choose Two Fruit:

Chilled Orange Juice / Fresh Banana / Chilled Canned Tropical Fruit

May Choose Two Fruit:

Chilled Grape Juice / Cubed Cantaloupe Chilled Canned Sliced Peaches

24 Choice Of:

Whole Grain Cinnamon /
Maple Mini Waffle
Scrambled Egg
Grilled Ham Finger
Corn Grits

May Choose Two Fruit:

Chilled Apple Juice/ Fresh Cut Strawberry / Chilled Canned Mixed Fruit

May Choose Two Fruit:

Chilled Orange Juice / Assorted Grapes / Chilled Canned Mixed Fruit

25 Choice Of:

Whole Grain Hand Split
Biscuit
Scrambled Egg
Grilled Canadian Bacon
Patty
Whole Grain Glazed
Donut Ring
Corn Grits

May Choose Two Fruit:

Chilled Grape Juice / Cubed Cantaloupe / Chilled Canned Sliced Peaches

May Choose Two Fruit:

Chilled Apple Juice /
Fresh
Banana / Chilled
Canned Diced Pears

26 Choice Of:

Cinnamon Raisin Fruity Oatmeal Cheese and Egg Bites / Golden Toast Crispy Turkey Bacon Strip

May Choose Two Fruit:

Chilled Apple Juice/ Assorted Grapes/ Chilled Canned Pineapple Tidbits

May Choose Two Fruit:

Chilled Grape Juice / Apple Quarters / Chilled Canned Pineapple Tidbits

27 Choice Of:

Whole Grain Assorted
Cereal
Grilled Turkey Sausage
link
Open Face Cheese
Toast
Whole Grain Chicken &
Waffle Sandwich

May Choose Two Fruit:

Chilled Orange Juice /
Apple Quarters /
Chilled Canned Diced
Pears

30 Choice Of:

Whole Grain French
Toast Stick
Grilled Turkey Sausage
Patty
Scrambled Egg
Whole Grain
Cinnamon Roll

May Choose Two Fruit:

Chilled Orange Juice Fresh Berry Cup / Chilled Canned Sliced Peaches



Choice Of Cold Milk Daily

Fat Free Chocolate, Low Fat White, Strawberry & Skim

Menu Subject to Change



Elementary SCHOOL LUNCH & SNACK MENU September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Lunch	Lunch	Lunch	Lunch
LADDV	Meatloaf w/ Cheese	Chicken Fajita w/ Brown	Cheeseburger	Turkey Frank w/ Chili
MALLI	& Ketchup	Gravy	Hamburger / French	French Bread / Bun
	Mashed Potatoes	Steamed Rice	Bread / Bun	Skinny Crust Pepperoni
LADUN (Broccoli Spears	Seasoned Mixed	Seasoned Baked	Pizza, Sandwich Salad
	Tossed Salad w/	Vegetables	Beans	Waffle French Fries
	Dressing	Tossed Salad w/	Sandwich Salad w/	Broccoli Florets &
	Whole Grain	Dressing	Fresh Spinach & Onion	Carrot Coins w/ Ranch
	Hawaiian Roll	Whole Wheat Roll	Ring	Dressing
	Snack	Snack	Snack	Snack
	Soy Butter & Jelly	White Cheddar Popcorn	Pretzel Twist Tiny	Ridged Queso Potato
P 00	Sandwich	Chilled Grape Juice	Chilled Canned Sliced	Chip
			Peaches	Chilled Fresh Orange
				Circles
9	10	11	12	13
Lunch	Lunch	Lunch	Lunch	Lunch
White Beans w/ Ham	Oven Baked Chicken	Barbeque Pork Rib Patty	Beef Dippers w/	Shrimp and Smoke
Steamed Rice	Dirty Rice	w/ Sauce	Teriyaki Sauce	Sausage Jambalaya
Seasoned Chopped	Sliced Glazed	Mashed Potatoes	Brown Rice Pilaf	Seasoned Broccoli
Spinach	Carrots Coins	Seasoned Green Beans	California Blend	Spears
Tossed Salad w/	Tossed Salad w/	Broccoli & Raisin Salad	Vegetables	Tossed Salad w/ Choice
Dressing	Dressing	w/Dressing	Garden Salad w/	of Dressing
Whole Wheat	Whole Grain	Tossed Salad w/	Choice of Dressing	Whole Grain Garlic
Cornbread	Hawaiian Roll	Dressing	Whole Grain Hawaiian	Bread
Snack	Snack	Whole Wheat Roll	Roll	Snack
1/2 Ham & Cheese	Chilled Canned	Snack	Snack	Chilled Fresh Apple
Sandwich	Pineapple Tidbits	Whole Grain Cereal Bar	1/2 Turkey & Cheese	Quarters
Chilled Apple Juice	White Cheddar		Sandwich	Regular Potato Chip
	Popcorn		Chilled Grape Juice	
16	17	18	19	20
Lunch	Lunch	Lunch	Lunch	Lunch
Red Beans w/ Smoke	Mesquite Chicken	Lasagna w/ Ground Beef	Diced Turkey and Beef	Taco w/ Corn Shell /
Sausage	Drumstick	Seasoned	Spanish Rice	Tortilla Soft Shell
Steamed Rice	Fried Rice	Green Peas	Sliced Cook Pit Pork	Mexicali Corn, Taco
Candid Sweet	Seasoned	Broccoli Salad w/	w/ Sauce	Salad w/ Fixings
Potatoes	Mustard Greens	Dressing	Seasoned Mixed	Broccoli Florets &
Garden Salad w/	Tossed Salad w/	Green Salad w/ Dressing	Vegetables	Carrot Coins w/
Dressing	Dressing	Whole Grain Garlic	Tossed Salad w/	Ranch Dressing
Whole Grain	Whole Wheat Roll	Bread	Dressing	Whole Grain Cinnamon
Cornbread	Snack	Snack	Whole Wheat Roll	Roll
Snack	Soy Butter & Jelly	Chilled Canned Mixed	Snack	Snack
Chocolate Chip Cookie	Sandwich	Fruit, Whole Grain	Pretzel Twist Tiny	Whole Grain Fish
		Graham Crackers	Chilled Tropical Fruit	Crackers
				Chilled Fruit Juice

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23	24	25	26	27
Lunch	Lunch	Lunch	Lunch	Lunch
Navy Beans w/ Ham	Meatballs w/ Creole	Sliced Turkey, Ham &	Roasted Wings /	Taco w/ Corn Shell /
Steamed Rice	Gravy	Cheese Po boy / Hoagie	Barbeque Chicken	Tortilla Soft Shell
Seasoned Winter	Garnished Spaghetti	Bun	Drumstick	Carrot and Raisin Salad
Greens	Seasoned Green	French Fry Potato	Fried Rice	Seasoned Corn On Cob
Tossed Salad	Beans	wedge	French Fry Waffle Cut	Taco Salad w/ Fixings
w/Dressing	Garden Salad w/	Sandwich Salad w/ Fresh	Green Salad w/	Whole Grain Cinnamon
Whole Grain	Dressing	Spinach / Onion Ring	Dressing	Roll
Cornbread	Whole Grain Garlic	Broccoli Florets & Carrot	Whole Wheat Roll	Snack
Snack	Bread	Coins w/ Ranch Dressing	Snack	Ridged Queso Potato
Assorted Nutri Grain	Snack	Snack	Soy Butter & Jelly	Chip
Cereal Bar	White Cheddar	Assorted Yogurt	Sandwich	Chilled Canned Orange
	Popcorn	Whole Grain Graham		Mandarin
	Chilled Apple Jui ce	Crackers		
30				
Lunch				
Red Beans w/ Smoke				
Sausage				
Steamed Rice				
Glazed Sliced Carrots				
Tossed Salad w/				
Dressing				
Whole Grain				
Cornbread				
Snack				
Chilled sliced Peaches				
Whole Grain Graham				
Crackers				

Menu Subject to Change

Available Daily

All meals offer a choice of Canned or Fresh Fruit, and a variety of Condiments

Choice Of Cold Milk Daily

Fat Free Chocolate, Low Fat White, Strawberry & Skim



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